



ABRAHA SENTHURAM

Ref:- Siddha Vaithiya Thirattu



Ingredients:

- Biotite (Phyllosilicate mineral)
- Potassium nitrate
- Borassus flabellifer
- Calotropis gigantean
- Wedelia calendulacea

Action:

Abraha Senthuram mediates the glucose absorption in blood by regulating the insulin secretion by pancreas. It also acts on the complications of diabetes and normalize the metabolic functions.

Indications:

Abraha Senthuram can be prescribed for the following conditions

- Diabetes
- Gangrene
- Fatigue
- Irritability
- Polyuria

Dosages and direction for use:

| Dose | Supporting drug | Supporting drug Strength | Carrier | Carrier Strength | Morning | Evening | Before food | After food | No.of days |
|-------|-----------------|--------------------------|---------|------------------|---------|---------|-------------|------------|------------|
| 65 mg | - | - | Ghee | 10 ml | Y | Y | Y | - | 50 |

Direction : - Take 65 mg of Abaraha senthuram, mix with 10 ml of ghee and consume 30 minutes before food.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Abraha Senthuram is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

Note: The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.