



# CHITRA MOOLATHIK KULIGAI

Ref: The Siddha Formulary of India First Edition Part – II



## Ingredients:

- *Plumbago indica*
- *Plecranthus amboinicus*
- *Mercurous chloride*
- *Palm Jaggery*

## Action:

Chitra Moolathik Kuligai acts on blood vessels and reduces the risk of hemorrhoids and it prevents colorectal cancer. It acts on gastrointestinal enzymes to improve its action for normal function. It acts as anticarcinative and antacid. It acts as an immunomodulatory agent.

## Indications:

Chitra Moolathik Kuligai can be prescribed for the following conditions

- Flatulence
- Colorectal cancer
- Ulcerative Colitis
- Immune Modulatory agent

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
250~500 mg	Palm jaggery Powder	1 g	Butter milk	100 ml	Y	Y	-	Y	25

**Direction** :- Take the prescribed quantity of Chitra Moolathik Kuligai as ball, coat with 1 gm of Palm jaggery powder and consume. After that drink 100 ml butter milk, consume 30 minutes after food.

**Medicine Cycle** :- Consume medicines for 5 days, next 5 days donot take medicine, after that consume medicine for 5 days. Continue the same cycle for 5 times.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Chitra Moolathik Kuligai is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.