



KABA SURA KUDINEER CHOORANAM

Ref:- Siddha Formulary of India Part – 1



Ingredients:

- *Zingiber officinalis*
- *Piper longum*
- *Syzygium aromaticum*
- *Tragia involucrate*
- *Anacyclus pyrethrum*
- *Terminalia chebula*
- *Justicia adathoda*
- *Anisochilus carnosus*
- *Costus speciosus*
- *Clerodendron serratum*
- *Tinospora cordifolia*
- *Andrographis paniculata*
- *Cyperus rotundus*
- *Sida acuta*
- *Hygrophilla auriculata*

Action:

Kaba Sura Kudineer Chooranam acts as an anti pyretic agent.

Indications:

Kaba Sura Kudineer Chooranam can be useful for the following conditions

- Viral Fever
- Cold
- Cough

Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No. of days
30 ~50 ml	-	-	-	-	Y	Y	-	Y	5

Direction : - Take 300 ml of water , mix 5 g of Kaba Sura Kudineer Chooranam, boil till it reduces to 50 ~ 100 ml. Drink warm and prepare always fresh. Consume 30 minutes after food.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Kaba Sura Kudineer Chooranam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

Note: The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.