



# KOWRI CHINTHAMANI SENTHURAM

Ref:- Siddha Vaithiya Thirattu



## Ingredients:

- Elemental Mercury
- Elemental Sulphur
- *Sulphur Sodium tetra borate*

## Action:

Kowri Chinthamani Senthuram act on humoral and cellular immune responses of osteoarthritis. It controls the inflammatory immunological factors. It regulates the release of chondrocyte, release of proteolytic and collagenolytic enzymes and plays an important role of disease management.

## Indications:

Kowri Chinthamani Senthuram can be prescribed for the following conditions

- Osteo arthritis
- Piles
- Bronchitis
- Asthma
- Urinary Tract infections

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
65~120 mg	Thirikadugu	250 mg	Honey	10 ml	Y	Y	Y	–	50

**Direction** : - Take the prescribed quantity of Kowri Chinthamani Senthuram, mix with 250 mg of Thirikadugu & 10 ml honey and consume 30 minutes before food.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Kowri Chinthamani Senthuram is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.