



# PANCHEEGARNA SENTHURAM

Ref:- Pulipani Vaithiyam - 500



## Ingredients:

- Elemental Gold
- Elemental Lead
- Copper powder
- Elemental Iron
- Elemental Mercury
- Elemental Sulphur
- Arsenic
- Zinc

## Action:

Pancheegarna Senthuram balances the body constituents and gives general health. It acts on metabolism and regularizing biochemical pathway. It gives energy booster for day to day activities. It helps in the production of collagen and keeps the skin supple and glow. It acts as detoxifier and it promotes wound healing.

## Indications:

Pancheegarna senthuram is prescribed in following conditions,

- Rejuvenator
- Energy booster
- Immune booster

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
120 ~ 240 mg	-	-	Milk	25 ml	Y	Y	Y	-	40

**Direction** : - : Take the prescribed quantity of pancheegarna Senthuram, mix with 25 ml warm milk and consume 30 minutes before food.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Pancheegarna Senthuram is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.