



# PARANGIPATTAI CHOORANAM

Ref: Siddha Vaithiya Thirattu



## Ingredients:

- *Smilax china*

## Action:

Parangipattai Chooranam acts as antioxidant and helping to improves the overall skin complexion. It gives natural fairness to the skin by normalizing the metabolism.

## Indications:

Parangipattai Chooranam can be prescribed for the following conditions,

- Improves skin complexion
- Acts as antioxidant and reduces skin dryness and healthy appearance
- Effective in leucoderma
- Removes toxins from the body
- Effective against venereal diseases

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
1 g	-	-	Milk	100 ml	Y	Y	-	Y	50

**Direction** : - Take 1 g of Parangipattai Chooranam, mix with 100 ml warm milk and consume 30 minutes after food.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Parangipattai Chooranam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.