



# POORNA CHANDROTHIYAM

Ref:- Siddha Vaithiya Thirattu



## Ingredients:

- Elemental Gold
- Elemental Mercury
- Elemental Sulphur
- *Gossypium arboretum*
- *Musa paradisiaca*

## Action:

Poorna Chandrothiyam acts as rejuvenator which improves male fertility by acting on sperm production and viscous spermatogenesis. Its an antiaging and rejuvenate formulation.

## Indications:

Poorna Chandrothiyam can be prescribed for the following conditions.

- Infertility
- Anti-aging
- Rejuvenator
- Spiritual nano food for Raja yoga Practitioners

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
65 ~ 130 mg	-	-	Honey or Ghee	10 ml	Y	Y	Y	-	50

**Direction** : - Take the prescribed quantity of Poornachandrothiyam, mix with 10 ml honey or ghee and consume 30 minutes before food.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Poorna Chandrothiyam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.