



# SAGALA SURA KIYAZHAM / KUDINEER CHOORANAM

Ref:- Agastiyar Vaithiya Kaviyam -1500

## Ingredients:

- *Thiripala*
- *Pipernigrum*
- *Mutthakasu*
- *Alpinia chinensis*
- *Coriander*
- *Plumbago zeylanica*
- *Bryonia scabra*
- *Borax*
- *Anacyclus pyrethrum*
- *Pavonia zeylanica*
- *Swamp mallows*
- *Adhatoda vasica*
- *Barlenia priontis*
- *Tribulus terrestris*
- *Sida*
- *Aswagantha*
- *Sida lanceolata*
- *Amaranthus spinosus*
- *Aegle marmalos*
- *Vetiveriazizanioides (vettiver)*
- *Vetiveriazizanioides (vilamichaiver)*
- *Eclipta prostrata*
- *Snake gourd leafs*
- *Solanum trilobatum*
- *Solanum surrattense*
- *Bassialongifolia*
- *Aerva lanata*
- *Astracantha longifolia*
- *Hemidesmus indicus*
- *Alovera*
- *Tremna integrifolia*
- *Indigofera aspalathoi*
- *Gentiana kurroo*
- *Evolvulus alsionides*
- *Syzygium aromaticum*
- *Clerodendrum serratum*
- *Costus speciosus*
- *Phoenix acaulis*
- *Anacardium occidentale*
- *Glycyrrhiza glavra*
- *Root of piper longum*
- *Crdrus deodara*
- *Picrorhiza kurroa*
- *Mollugocerviana*
- *Cadapa indica*
- *Rings of nelumbiumspeciosum*
- Sugar

## Action:

Sagala Sura Kiyazham / Kudineer Chooranam acts as an anti pyretic agent.

## Indications:

Sagala Sura Kiyazham/ Kudineer Chooranam can be prescribed for the following conditions

- Viral Fever
- Cough
- Cold

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
30 ~50 ml	-	-	-	-	Y	Y	-	Y	5

**Direction** : - Take 300 ml of water, mix 5 g of Sagala Sura Kiyazham / Kudineer Chooranam, boil till it reduces to 50~100 ml. Drink warm and prepare always fresh consume 30 minutes after food.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Sagala Sura Kiyazham / Kudineer Chooranam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.