

# **SANTHANATHI THAILAM**

(External Use)

Ref:- Bogar - 700



# Ingredients:

- Santalum album
- Cedrus deodora
- Pterocarpus santalinus Psoralea corylifolia
- Ziziphus oenoplia
- Sida cordifolia
- Aquilaria agallocha
- Hemidesmus indicus
- Nigella sativa
- Vetiveria zizanioides

- Michelia champaca
- Costus speciosus
- Nardostachys jatamansi
- · Cyperus rotundus
- · Cleome gynandra
- Cocos nucifera
- Seasame oil

## **Action:**

Saraswathi Thailam balance the nutritional deficiency in the brain and reduces the heat due to venereal diseases.

#### Indications:

Santhanathi Thailam can be prescribed for the following conditions

- ASD/ADHD
- Brain tumour
- White discharge
- **ADHD**

### **Dosages and direction for use:**

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
10 ml	-	-	-	-	Υ	-	-	-	30

Direction: - (For external use only) Apply 10 ml of santhanathi thailam on the head, after 45 mts take hot water bath. Take bath two times in a week (Wednesday and Saturday)

#### **Diet Instructions:**

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

#### **Side Effects:**

Santhanathi Thailam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.