



SIVA KARPA CHOORANAM



Ingredients:

- *Terminalia chebula*
- *Terminalia belierica*
- *Phyllanthus emblica*
- *Celastrus paniculatus*
- *Eclipta prostrata*
- *Vitex negundo*
- *Plumbago zeylanica*
- *Cassia tora*
- *Cinnamomum zeylanicum*
- *Tinospora cordifolica*
- Jaggery

Action:

Siva Karpa Chooranam is known for immune booster especially effective against respiratory infections. The ingredients/ phyto compounds of SKC act synergistically, which resembles the pharmacodynamics mechanism of action. Each ingredient has therapeutic potential which brings down the multiplication of pathogens and improve the immunocompetence of our system.

Indications:

Siva Karpa Chooranam can be prescribed for the following conditions.

- Immune Booster,
- General health enhancer

Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
2 g	-	-	Milk	100 ml	Y	Y	-	Y	150

Direction : - Take 2 g of Siva Karpa Chooranam mix with 100 ml warm milk and drink 30 minutes after food.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Siva Karpa Chooranam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

Note: The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.