



# THANGA SENTHURAM

Ref:- Siddha Vaithiya Thirattu



## Ingredients:

- Gold Racks
- *Cassia tora*
- *Terminalia chebula*
- *Adananthera pawoniana*
- *Portulaca quadrifida*

## Action:

Thanga Senthuram neutralizes the body constituents especially which leads to lung infection asthma, excessive bile (Jaundice, ulcer etc.,) and paralysis. It acts on chronic bacterial skin infections. It improves antidiuretic condition. It relives dyspepsia and vaginal infections.

## Indications:

Thangga senthuram is helpful when the following disease conditions are displayed

- Dyspepsia
- Paralysis
- White discharge
- Antidiuretic
- Sinusitis

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
65~130 mg	-	-	Ghee	10 ml	Y	Y	Y	-	50

**Direction** : -Take the prescribed quantity of Thanga Senthuram, mix with 10ml ghee and consume 30 minutes before food.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Thanga Senthuram is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.