



VADHA SURA KIYAZHAM (KUDINEER CHOORANAM)

Ref:- Agastiyar Vaithiya Kaviyam -1500

Ingredients:

- *Thirikadugu*
- *Sida cordifolia*
- *Vitex negundo*
- *Solanum trilobatum*
- *Solanum virginianum*
- *Andrographis paniculata*
- *Tribulus terrestris*
- *Justicia adhatoda*
- *Phyllanthus emblica*
- *Azadirachta indica*
- *Crataeva religiosa*
- *Citrus X sinensis*

Action:

Vadha Sura Kiyazham Kudineer Chooranam acts as an anti pyretic agent.

Indications:

Vadha Sura Kiyazham Kudineer Chooranam can be prescribed for the following conditions

- Viral Fever
- Cold
- Cough

Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
30 ~50 ml	-	-	-	-	Y	Y	-	Y	5

Direction : - Take 300 ml of water , mix 5 g of Vadha Sura Kiyazham Kudineer Chooranam, boil till it reduces to 50 ~ 100 ml. Drink warm and prepare always fresh, consume 30 minutes after food.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Vadha Sura Kiyazham (Kudineer Chooranam) is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

Note: The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.