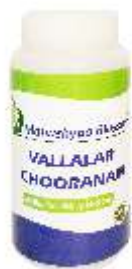




VALLALAR CHOORANAM



Ingredients:

- *Eclipta alba*
- *Solanum trilobatum*
- *Mukia maderaspatna*

Action:

Vallalar Chooranam regulates the secretion digestive enzymes for its normal function. It prevents the infection of Gastrointestinal tract. It improves the hormonal secretion such as melatonin , thyroid stimulating hormone etc., to improve sleeping, induce appetite, increase briskness and memory.

Indications:

Vallalar Chooranam can be prescribed for the following conditions

- Lung diseases
- General Health enhancer
- Antipyretic
- Fatty liver
- Brain tonic
- Yogic drink

Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
100 ml	-	-	Hot water	100 ml	Y	Y	-	Y	50

Direction : - Take 300 ml water, mix 5 g of Vallalar Chooranam and boil till it reduces to 100 ml, add 10 gram of palm jaggery and drink consume 30 minutes after food.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Vallalar Chooranam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

Note: The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.