



VARAGI MEZHUGU



Ingredients:

- Sulphur
- Yellow orpiment
- Honey

Action:

Varagi Mezhu acts on Rheumatoid arthritis by strengthening the bone and bone joints. It also cares chronic skin diseases such as Psoriasis.

Indications:

Varagi Mezhu is prescribed for the following conditions

- Rheumatoid arthritis
- Psoriasis
- Reddening of Skin,
- Itching and scalps
- Muscle and Joint pain

Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
1 g	-	-	Milk	100 ml	Y	Y	Y	-	150

Direction : - Take 1g Varagi Mezhu and drink 100ml of warm milk consume 30 minutes before food.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Varagi Mezhu is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

Note: The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.